



Caring. Now available *anywhere*

Caring for your people isn't something you only do from 9 to 5. That's why we want to give you everything your employees need to take control of their health each and every day.

Introducing the Wellframe® app, an easy way for our dedicated team of health care professionals to give confidential, text-based, one-on-one help to members using a smartphone or tablet. They'll get guidance, support, and a personalized care plan to help achieve their health care goals.

- Employees and their families connect conveniently via text with licensed health care professionals when they need advice or support
- Employees get guidance for things like general wellness, weight loss, smoking cessation, diabetes, high blood pressure, and more
- Using these one-on-one conversations and member data, we develop personalized care plans to keep healthy employees healthy and complex conditions in check, **lowering medical costs by \$500–\$2,000+*** per Univera Healthcare member based on risk tier
- **80% of Univera Healthcare members on Wellframe*** have successfully addressed a health issue



Right here.
For you.

“ My cholesterol is down, my triglycerides went from 600 to 300, my blood pressure is 118/52. These results are all because of you, who got me started, gave me the information that I needed, and kept me going along the way. Thank you. ”

- Univera Healthcare Wellframe user



\$500-\$2,000+

saved per Univera Healthcare member
based on risk tier*



Employees average

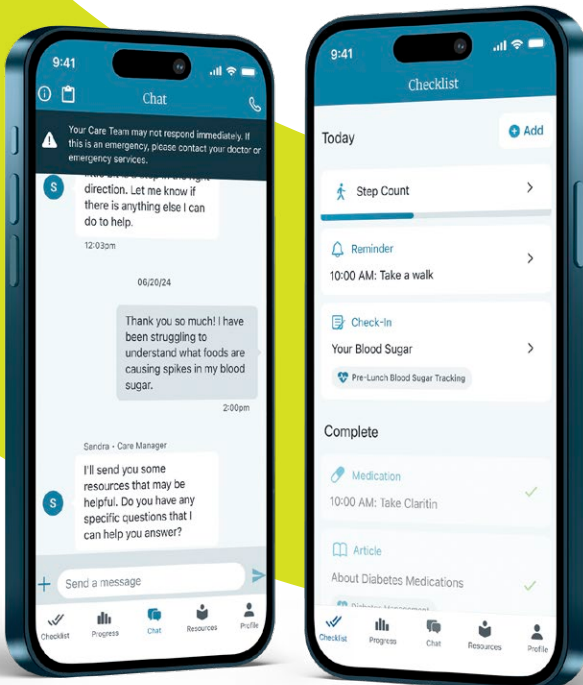
49 texts

with care managers compared to just 4.5
phone calls, and stay connected longer*

Care on their terms

Wellframe can give your employees free access to help manage issues like these:

- Substance use
- Anxiety
- Depression
- Coronary artery disease
- Congestive heart failure
- Diabetes management
- Maternal health
- High blood pressure
- Asthma
- Stress management
- Weight loss
- Smoking cessation
- Emotional wellbeing



To learn more about how Wellframe can improve outcomes and control costs, talk to your broker or Univera Healthcare Account Manager today.

*Health Plan data provided by Wellframe

Wellframe is an independent company that provides a health and wellness support mobile app to Univera Healthcare members.

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HEALTHCARE